

508 5.13 (4)

COLLEGE DEPARTMENTAL ACTIVITY

Event

Objective

Date, Time, Place

Department

Teachers involved/Conducted by

Students involved (Participants)

Brief description/summary of events

Conclusion/ outcome

Signature of teacher

Remark of Co-ordinator (IQAC)

: Imparting basic knowledge of computer to the Teaching Staff of Dulaian Girls' College
: To make the Teaching Staff aware of the basics of MS-Word, MS-PowerPoint, MS-Excel
: 30/5/16 - 14/6/16; 12:30 pm; Computer Lab, Dulaian Girls' College

: Department of Computer Science

: Mrs Poonam Baruah, Asst. Prof., Dept. of Computer Science

: Teaching Staff of Dulaian Girls' College

: The classes were held regularly on the above mentioned dates and both practically and theoretically detail version of the topics were taught

: The classes taken were as such helped to clear most of the doubts and impart helpful tips to easily learn MS-Word, PowerPoint & Excel

: Baruah
16/6/16

: Excellent work done by the Computer Science department in making everyone tech-savvy -
Baruah
16/6/16
Co-ordinator, IQAC
Dulaian Girls' College

Co-ordinators' Signature

Principal Sign:
Principal
Dulaian Girls' College



FOR COMPUTER COURSE

20/11/16

Teaching Staffs. (Time: 12:30pm onwards)

SIGNATURE

1. Mrs. Sujata Bhattacharya

[Signature]

2. Akash Boruah

[Signature]

3. Anurupa Gogoi

4. Raju Rani Sarika

[Signature]
20/11/16

5. Gritima Dutta

[Signature]
20/11/16

6. Mr. Rameswar Boruah

7. Purna Kanta Mahanta

8. Mindu Jyoti Kalita

[Signature]
20/11/16

9. Pankaj Ragguru

10. Amrit Ch. Kalita

11. Ms. Purni Begum

12. Mr. Harishan Chandra Mandal

[Signature]
20/11/16

[Signature]

(Mrs. L. Phukan)

Principal

Principal C

Dulalpur, Dibrugarh

20/11/16

P. D. Dibrugarh



14/6/16

FOR COMPUTER COURSE

Teaching Staffs: (Time: 12.30pm onwards)

SIGNATURE

1. Mrs. Sujata Borkataky

2. Akashi Boruah

A. Borkataky
14/6/16

3. Anumoni Gogoi

Anumoni Gogoi
14/6/16

4. Raju Rani Saikia

Raju Rani Saikia

5. Geetima Dutta

Geetima Dutta
14/6/16

6. Mr. Rameswar Boruah

7. Purna Kanta Mahanta

8. Mridu Jyoti Kalita

Mridu Jyoti Kalita
14/6/16

9. Pankaj Rajguru

10. Amrit Ch. Kalita

Amrit Ch. Kalita
14/6/16

11. Ms. Punu Begum

12. Mr. Haradhan Ch. Mandal

Mr. Haradhan Ch. Mandal
14/6/16



(Mrs. L. Phukon)

Principal

Duliajan Girls' College

Duliajan Girls' College
P. O. Duliajan



DEPARTMENTAL ACTIVITY

Event : SIX MONTHS CERTIFICATE
Objective : COURSE IN SPOKEN ENGLISH
To develop the speaking skill
of the learners.
Date, Time, Place : JUNE 2018 TO DEC 2018
3 days a week - Duliajan girls
college
Department : ENGLISH
Teachers involved/Conducted by : J. D. BAISHYA, RAKESH BOR-
KOTORY & C.M. MAZARIKA
Students involved (Participants) : XI to VIth SEM & a few students
from other institution.
Brief description/summary of events : The classes started from 1st Aug
2018. 24 students enrolled
in the 1st batch.

* Conclusion/ outcome : The 1st batch has successfully
completed the course. This
was a maiden endeavour, which
was voluntarily rendered by the teacher
of the English Dept.
Signature of teacher : Baishya Rakesh
Remark of Co-ordinator (IQAC) : Commendable initiative by
the department




Principal Sign :



PRINCIPAL
DULIAJAN GIRLS' COLLEGE
P.O. DULIAJAN




Co-ordinators' signature
Co-Ordinator, IQAC
Duliajan Girls' College



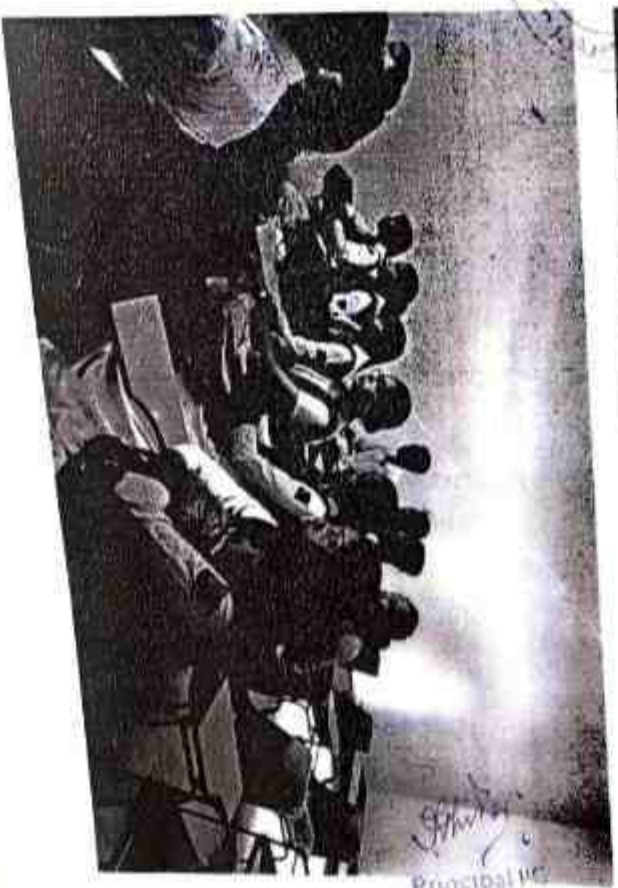
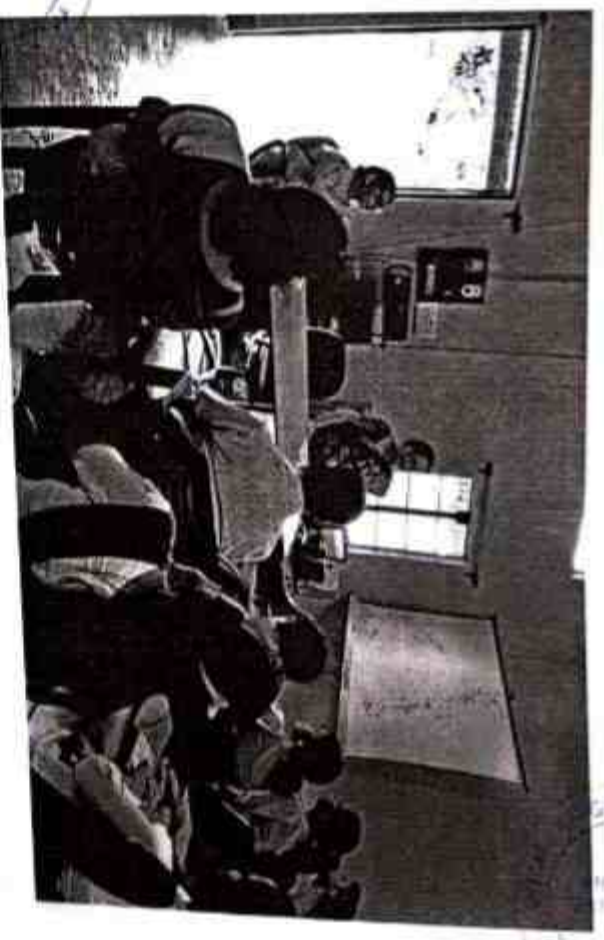
DEPARTMENT OF ENGLISH

INAUGURATION OF 6 MONTHS CERTIFICATE COURSE ON SPOKEN ENGLISH (08-08-18)



P. O. Dulejan
Principal
Gulistan Girls' College
P. O. Dulejan

X MONTHS CERTIFICATE COURSE IN SPOKEN ENGLISH 1-8-2018



Principal
Dullajan Girls' College
P.O. Dullajani

DULLAJAN GIRLS' COLLEGE
DULLAJAN
110-1100



DULIAJAN GIRLS' COLLEGE

P.O.-DULIAJAN, DIST-DIBRUGARH, ASSAM-786602

APPLICATION FOR ADMISSION INTO
SIX MONTHS CERTIFICATE COURSE ON SPOKEN ENGLISH



Form No: _____

Passport size

photo

1. Full Name (in block letters):
Mr./Miss/Mrs. _____
2. HOME ADDRESS:
 - a) Village/Town: _____
 - b) Post Office: _____
 - c) Police Station: _____
 - d) District: _____
 - e) Pin Code:

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 - e) Phone/Mobile No: _____ f) AADHAR No.: _____
 - g) Email ID: _____
3. Father's Name: _____
4. Mother's Name: _____
5. Occupation: _____
If service holder give details:
 - a) Department: _____
 - b) Organization: _____
 - c) Employee Regd. No: _____
6. Name of Local Guardian: _____
7. PRESENT ADDRESS:
 - a) Village/Town: _____
 - b) Post Office: _____
 - c) Police Station: _____
 - d) District: _____
 - e) Pin Code:

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 - e) Phone/Mobile No: _____ f) AADHAR No.: _____
 - g) Email ID: _____
8. Date of Birth: (DD/MM/YYYY) _ / _ / _
9. Caste: Gen ☐ SC ☐ ST ☐ OBC ☐ Others ☐
10. Nationality: _____
11. Religion: _____
12. Educational Qualification:
H.S.L.C. ☐ H.S. ☐ B.A. ☐ M.A. ☐ Others: ☐
13. Whether PH.: _____

Full Signature of the Candidate

Signature of the Principal

Signature of the Co-Ordinator

PROSPECTUS

DULIAJAN GIRLS' COLLEGE



College Building



"Develop a passion for learning. If you do, you will never cease to grow."

SIX MONTHS CERTIFICATE

COURSE

ON

SPOKEN ENGLISH

CONDUCTED BY:

DEPARTMENT OF ENGLISH

DULIAJAN GIRLS' COLLEGE

DULIAJAN, DIBRUGARH,

ASSAM-786602



SYLLABUS

1. English grammar theory, articles, prose, poems, translation of sentences, etc.
2. Vocabulary and pronunciation.
3. Sentences, Dialogue.
4. Listening practice.
5. Starting conversations, etc. with soft English.
6. Dialogue writing and delivery.
7. Presentation of material.
8. Speaking and development.

Teaching Methods:

Teachers, Audio, Visuals, Experiments.

EXAMINATIONS TO BE HELD FROM
TIME TO TIME AND AFTER THE
COMPLETION OF THE COURSE

NAME OF COURSE:

**Certificate Course in Spoken
English**

DURATION: Six Months

ELIGIBILITY

AGE: 16 Years and Above

EDUCATIONAL QUALIFICATION:

Matriculation and above.

ADMISSION FEES: Rs. 200/-

MONTHLY FEES: Rs. 180/- Per month

PROGRAMME CO-ORDINATOR:

Mrs. Jayashree Baidya

PROGRAMME CONDUCTOR:

All faculty members, Department of

English,

Bullayan Girls' College

FACULTY:

Mrs. Jayashree Baidya (H.O.D., Deptt. of

English)

Mr. Kuldeep Chakraborty

Mrs. Abhyanand Baidyan

Miss. Purni Begum

DEPARTMENTAL PROFILE

The English Department is one of the oldest departments of Bullayan Girls' College. The department had a humble beginning in the year 1972. After the college was established there was an enrolment of 19 students in the first year of that year.

Presently the department consists of a team of four dedicated teachers. The English department is headed by Mrs. Jayashree Baidya who had joined college in August 12th 2011. The other teachers in the department are Mr. Kuldeep Chakraborty, who joined the department in 2011, Mrs. Abhyanand Baidyan in 2012 and Miss Purni Begum in August 2011. The department has for the first time decided to start a Six Months certificate course in spoken English.

SYLLABUS

Objective: To enable the learner to communicate in English effectively and appropriately in real life situations.

1. English Grammar (Tense, Article, Preposition, Transformation of sentences etc.)
2. Vocabulary and pronunciation
3. Sentence Framing
4. Reading Practice
5. Starting conversations (Different Situations)
6. Dialogue writing and delivery
7. Enactment (Practical)
8. Speaking skills development (Exercise and Practical)

Class Schedule

3 classes /week

Time – 2:00 pm to 3:00 pm

Teaching Methods

Lectures, Audio-Visuals, Enactments.....

Examinations to be held from time to time and after the completion of the course.



[Signature]
Principal /C
Indian Girls' College

SIX MONTHS CERTIFICATE COURSE IN ENGLISH (2019)

DULIAJAN GIRLS' COLLEGE

ORAL EXAM

Marks-30 .Time – 20 Minutes

Q.1. Start a conversation with a stranger ---- At the railway station.

15.

Q.2. Start a conversation with a friend ---- In front of a shop.

15.



[Signature]
Principal
Dulian Girls' College
Dulian, Dibrugarh

SIX MONTHS CERTIFICATE COURSE IN ENGLISH (2021)

DULLAJAN GIRLS' COLLEGE

ORAL EXAM

Marks-30 .Time – 20 Minutes

Q.1. Start a conversation with a stranger --- In a restaurant discussing about climate change. 15.

Q.2. Start a conversation with a friend --- In the college canteen discussing about B.A final exams.

15.



Signature
Principal/IC
Dullajan Girls' College
P.O. Dullajan

SIX MONTHS CERTIFICATE COURSE IN ENGLISH (2022)

DULIAJAN GIRLS' COLLEGE

ORAL EXAM

Marks-30 .Time – 20 Minutes

Q.1. Start a conversation with a stranger --- In a
cinema hall. 15.

Q.2. Start a conversation with a friend --- In a
library. 15.



Signature
Principal
Dulijan Girls' College
P. O. Dulijan

Event:- **Yoga Camp for Teaching and Non-Teaching Staff**

Objective:- To bring awareness among the Teaching and Non-Teaching Staff about yoga for good health through the camp.

Date:- June 02.06.2016 to 08.06.2016

Time:- 6 A.M to 8 A.M in the morning

Department:- Yoga unit

Conducted by: Debajit Hazarika

Participant:- 12 participants of Teaching Staff and 8 (eight) participants of Non-Teaching Staff.

Summary of event:- A yoga camp was organized by Duliajan Girls' College Yoga Unit under the leadership of Mr Debajit Hazarika. The participants were divided in two groups for Teaching and Non-Teaching Staff. Mainly yoga classes were conducted for their physical and mental improvement and for good health.

Conclusion/outcome:- Participants were very happy to attend the programme as it relaxed their body and mind.

Signature of Teacher:- *Debajit Hazarika*

Remarks of Co-ordinator (IQAC):- *Imparting Yoga among teaching and non-teaching staff thus improving physical and mental health.*

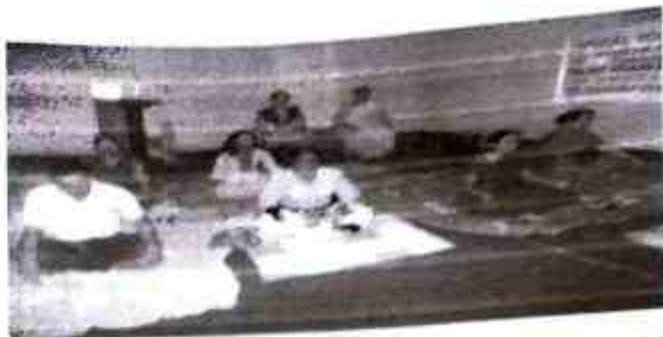
B. S. S.
Co-ordinator's signature:-
Co-Ordinator, IQAC
Duliajan Girls' College

Shree
Principal Sign
Principal,
Duliajan Girls' College
P. O. Duliajan



Yoga Class of teaching and Non-teaching Staff, organized by Dullajan Girls' College

On dated 02/06/16 to 08/06/16



S. K. S. S.
Principal IIC
Dullajan Girls' College
A. D. Dullajan

Report on Second International Day of Yoga Celebrated on 21.06.16

The second "International Day of Yoga" was celebrated in Duliajan Girls' College on 21st June, 2016, with much enthusiasm by the teachers, students and staff of the college in the college playground at 8am.


The Yoga teacher of the college Mr. Debajit Hazarika, who is also a teacher of the foundation of guru Ravishankar's Art of Living, guided the programme.


The programme started with the lighting of the lamp by the Vice Principal of the college Mrs. Sujata Borkataky followed by a talk on the benefits of yoga. A prayer took place after the talk.

The Yoga Abhyash as directed by the ministry of AYUSH took place for 45 minutes and the Yoga teacher guided everyone to do the Asanas. Asanas, pranayams and meditation followed and the programme ended with a Hindi and English sankalpa (oath taking).

The programme ended at 9.30am.

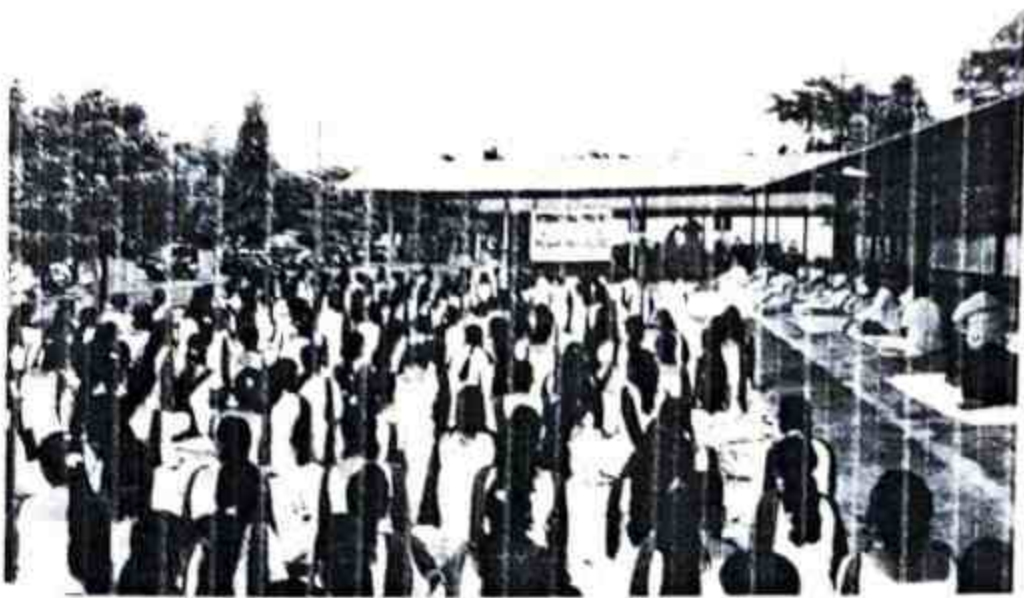

Signature of Teacher


Principal Signature
Principal VC
Duliajan Girls' College
P. O. Duliajan


Signature of Co ordinator(IQAC)
Co-Ordinator, IQAC
Duliajan Girls' College

DATE:- 21.06.2016

PROGRAMME:- 2nd International yoga day



[Signature]
Principal / C
Dullajan Girls' College
P. O. Dullajan

Report on Third International Day of Yoga Celebrated on 21.06.2017

The third "International Day of Yoga" was celebrated in Duliajan Girls' College on 21st June, 2017 with much enthusiasm by the teachers, students and staff of the college in the college playground at 8 A.M

The programme started with the lighting of the lamp by the Principal of the college Dr. Lakhimi Phukan followed by a talk on the benefits of yoga. A prayer took place after the talk.

The Yoga Abhyash as directed by the Ministry of AYUSH took place for 45 minutes and the Yoga Teacher guided everyone to do the Asanas. Asanas, pranayams and meditation followed and the programme ended with a Hindi and English sankalpa (oath taking).

The programme ended at 9.30 A.M



Signature of Teacher



Signature of Co-ordinator (IQAC)

Co-Ordinator, IQAC
Duliajan Girls' College



Principal Signature

Principal I/C
Duliajan Girls' College
P. O. Duliajan



Self defence and youth leadership training program

দুলীয়াজান ছোৱালী মহাবিদ্যালয়
DULIAJAN GIRLS' COLLEGE

স্থাপিত : ১৯৯২ Estd. : 1992

Regd. Under Societies Act No. RS/DIB/255/40 of 1988-89
Permanent Affiliated to D. U. No. DU/RG/DCDC/DGC/Perm.AFF/2010-2011
Included under Sec 2 (F) 12 B of the UGC Act, 1956, No. B-394/2010 (CPP-UC)
P. O. DULIAJAN - 786 602, DIST. DIBRUGARH (ASSAM)

Ph. : (0374) 2801459 (O)
9954285461 (M)

Email ID: duliajan@college.du.ac.in
Website: <https://duliajancollege.org>

qqac: (mail ID)
iqac.duliajan@college.du.ac.in

Ref:

DATE:

Department of Yoga
International Yoga Day, 2017

Date: 21.06.2017



Signature
Principal /C
Duliajan Girls' College
P. O. Duliajan

Event :- Self defence camp and youth leadership training programme .

Objective:- We tried to train the students for self protection to himself, and we tried to develop their leadership ability, communication skills, decision making capacity, social responsibility , clarity of mind ,self confidence among the students through the training programme.

Participated: 27 students participated.

Date:- 3rd July 2017 to 17 July 2017

Time :- 6.30 am to 3:30 pm

Place:- Duliajan Girls' College auditorium.

Department :- Yoga

Conducted By:- Conducted by Debajit Hazarika ,Mr. Subhakaran Kohain(The art of living teacher), Mr. Surojit Chutia and Mrs Juli Moran Hazarika (ApLyuvacharya).

Summary Event :- A self defence camp and youth Leadership Training programme was organized by Duliajan Girls' College yoga unit under the leadership of Mr. Debajit Hazarika and the karate trainer Mr. Surojit Chutia and the YLTP trainer Mr. Subhakaran Kohain(The Art of Living Teacher). This training programme has a unique syllabus for the development of students.

The youth leadership training programme focus on personal development and communication skills .Through stress reducing technique ,Individuals find inner peace and communities develop a sense of belongingness. Participants are inspired to volunteer for society development. The YLTP creates a transformation in every participant by teaching breathing technique calls "Sudarshan Kriya ."

Those tools help enhance confidence with a feeling of aggression and give mental clarity and strength.

Last day, closing ceremony of self defence and YLTP took place in the college auditorium consisting of the Principal of Duliajan Girls' College Dr. Lakhimi Phukon .

Conclusions:- Participants were very happy to attend the training programme. They could learn self defence technique ,time management ,teamwork, facing challenge ,leadership and yoga etc.

Signature of teacher: *Debajit Hazarika*

Remark of Co-ordinator (IQAC):-

Bushy
Co-ordinators signature
Co-Ordinator, IQAC
Duliajan Girls' College

Very brilliantly organised youth Leadership programme



Phukon
Principal sign:
Principal, The
Duliajan Girls' College
D. N. Duliajan

DATE:- 03.7.2017 to 18.07.2017
PROGRAMME:- Self defence camp



Principal
Principal
Dullajan Girls' College
P. O. Dullajan

DATE:- 08.07.2017 to 13.07.2017

PROGRAMME:- Youth Leadership training programme.



Shubal

Principal /C

Dullajan Girls' College
P. O. Dullajan

Event:- Yoga awareness camp

Objective:- To aware the people about Asana, Pranayama and Meditation for good health through the camp.

Date:- 17th March 2018 to 21st March 2018

Place:- Bamhukuta Gaon Namghar

Department:- Yoga Unit

Conducted by:- Debajit Hazarika and teachers involved are Mr. Amrit Chandra Kalita (NSS P/O), Mr. Haradhan Chandra Mandal and Mr. Purna Kanta Mahanta.

Participant:- 45 children and teens participated.

Summary of Event:- Yoga awareness camp was organized by Duliajan Girls' College Yoga Unit under the leadership of Mr. Debajit Hazarika and collaboration with NSS unit. This camp had conducted various Asanas, Pranayama and Meditation among the participant.

Conclusion/outcome: Children and teens were very happy to join the programme and improved their health condition.

Signature of Teacher:- *Debajit Hazarika*

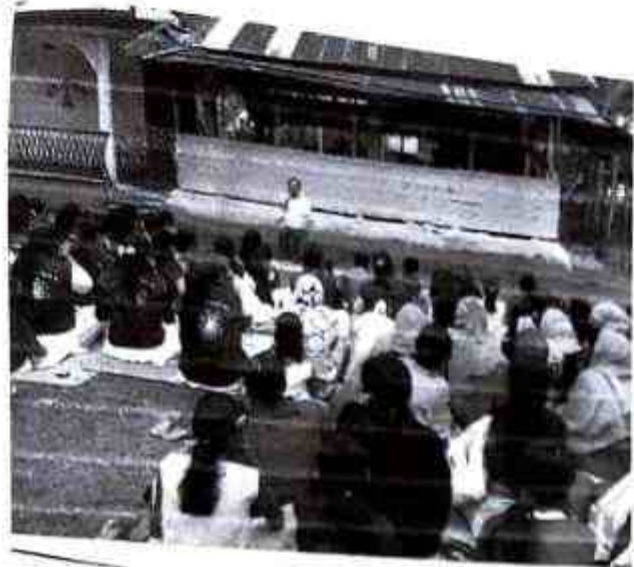
Remarks of Co-ordinator (IQAC):- *A well organised successful programme.*

P. D. Dullajan
Co-ordinator's signature:-
Co-Ordinator, IQAC
Duliajan Girls' College



P. D. Dullajan
Principal Sign
Principal, IQAC
Duliajan Girls' College
P. D. Dullajan

Annualness Programme at Ramshukta gan



Principal
Principal I/C
Dullajan Girls' College
P. O. Dullajan

Event: Medha Yoga Level 1

Objective:- We tried to improve their communications skills, positive attitude, creative thinking, stress management, teamwork, time management, peaceful and calm mind, confidence among the student through the programme.

Date:- 21.05.2018 to 30.05.2018

Time:- 12.30 pm to 3.30 P.M

Place:- Duliajan Girls' College

Department:- Yoga

Teacher involved:- Conducted by Mr. Debajit Hazarika, Mrs. Juli Mahanta (The Art of Living Teacher) and Mr. Arun Borgohain (The Art of Living Teacher).

Participant:- 88 participants.

Brief Description/ Summary of Events:- A Medha Yoga Camp was organized by Duliajan Girls' College Yoga Unit under the leadership of Mr. Debajit Hazarika. The participants were included in two groups.

This Medha Yoga Camp has a unique syllabus for the development of students. In this camp various asanas, pranayamas, meditation, surya namaskar, sudarsan kriya, spritul knowledge, drama, game, dance, satsong (bhajan) and more etc were conducted among participants. The sudarshan kriya is a breathing technique which eliminate mental stress and person gets inner peace.

Last day closing ceremony of medha yoga camp took place in the college auditorium consisting of the Principal Duliajan Girls' College Dr. Lakhimi Phukan. In this meeting other member present were vice-principal of Duliajan Girls' College Mrs. Sujata Borkotoky, IQAC co-ordinator, Mrs Jayashree Baishya and members of the Duliajan Girls' College.

Conclusion/Outcome:- Participants attained a happy mind. We saw that their negative emotions, fear, anger, anxiety can deal. participants were enthusiastic and attained positive a mind.

Signature of Teacher:- *Debajit Hazarika*

Remarks of Co-ordinator (IQAC):-

Baishya
Co-ordinator's signature:-

**Co-Ordinator, IQAC
Duliajan Girls' College**

A very unique programme for mental and physical development

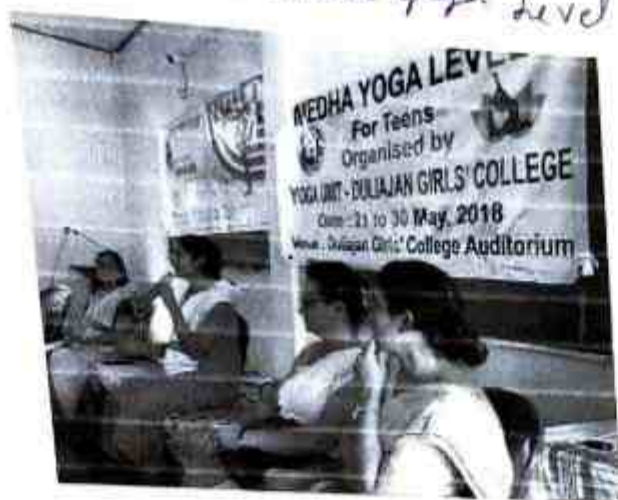
Principal Sign

Phukan

**Duliajan Girls' College
P. O. Duliajan**



DATE:- 21.05.2018 to 30.05.2018
PROGRAMME:- Medha yoga Level 1



Shukla
Principals
Dullajan Girls' College
P. O. Dullajan

Report on Fourth International Day of Yoga Celebrated on 21.06.2018

The fourth " International Day of Yoga" was celebrated in Duliajan Girl's College on 21st June, 2018 with much enthusiasm by the teachers, students and staff of the college .

The programme started with the lighting of the lamp by the Principal of the college Dr. Lakhimi Phukan followed by a talk on the benefits of yoga during the pandemic times. A prayer took place after the talk.

The Yoga Abhyash as directed by the Ministry of AYUSH and the Yoga Teacher guided everyone to do the Asanas. Asanas, pranayams and meditation followed and the programme ended with a Hindi and English sankalpa (oath taking).


Signature of Teacher


Signature of Co-ordinator (IQAC)

Co-Ordinator, IQAC
Duliajan Girls' College


Principal Signature

Principal I/C
Duliajan Girls' College
P. O. Duliajan

4th International Yoga Day

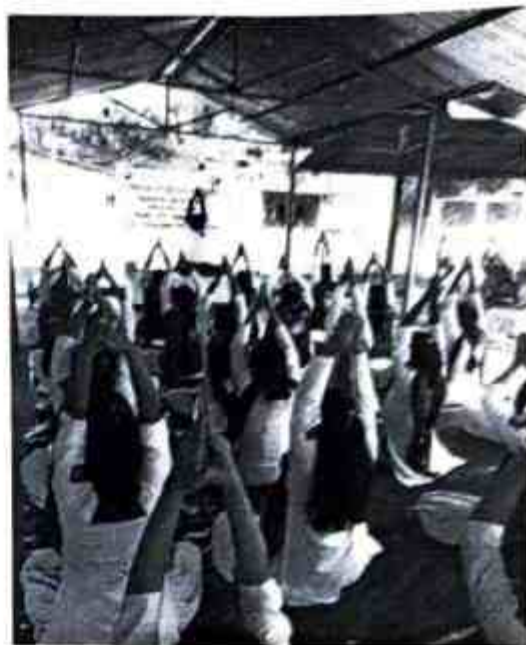
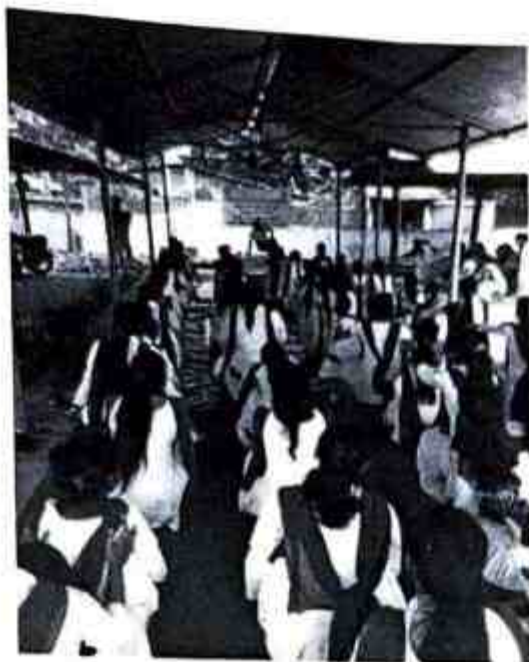
Organized by:- Yoga & NSS Unit, Duliajan Girls' College

Date: - 21st June, 2018

(Some snap shots of 4th International Yoga Day)



Shanta
Principal
Duliajan Girls' College
P. O. Duliajan



Preface

4th International Yoga Day is celebrated by NSS Unit, Duliajan Girls' College. Principal Dr. Lakhimi Phukon mam inaugurated the programme. Yoga instructor Mr. Debajit Hazarika moderated the programme where NSS volunteers as well as teaching & non-teaching faculties and students of our college also participated in the programme.

Amrit Chandra Kalita

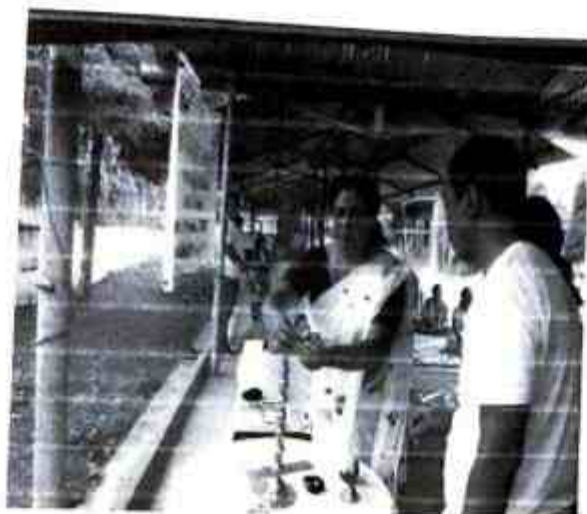
NSS Programme Officer, Duliajan Girls' College



[Signature]
Principal/IC
Duliajan Girls' College
P. O. Duliajan

DATE:- 21.06.2018

PROGRAMME:- 4th International yoga day.



[Signature]
Principal
Dulaijan Girls' College
P.O. Dulaijan

Event:- **Self-defence and Meditation Camp.**

Objective:- We tried to improve their self confidence, self protect to himself, fearless mind and inner peace among the student through the programme.

Date:- 02.07.18 to 09.07.2018

Place:- Duliajan Girls' College

Department:- Yoga

Teacher involved:- Conducted by Mr. Debajit Hazarika and Mr. Suroj Chutia

Students involved/participants:- 25 participants

Brief description/summary of event:- A self defence and meditation camp was organized by Duliajan Girls' College, Yoga Unit under the leadership of Mr. Debajit Hazarika.

This self defence and meditation camp has a unique syllabus for the development of students. This camp had been conducting various exercise, blocks (uke), kicks (geri), basic punches (tusuki), elbow strikes and blocks (empi), body movement, foot stance (dachi), meditation and more etc among the participants. Meditation reduce stress and relax body and mind. Self defence techniques enhance confidence and fearless develop mind.

On the last day closing ceremony at self defence and meditation camp took place in the college auditorium consisting of the Principal Duliajan of Girls' College Dr. Lakhimi Phukon in the meeting.

Conclusion/outcome:- Participants became brave. They were very happy and enjoyed to joined the camp.

Signature of Teacher:- *Debajit Hazarika*

Remarks of Co-ordinator (IQAC):- *Successful Martial Art training increases confidence among students.*

Co-ordinator's signature:-

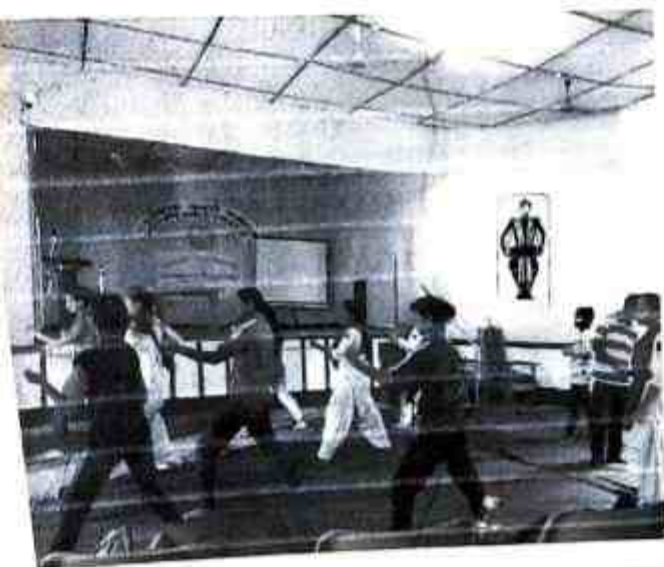
**Co-Ordinator, IQAC
Duliajan Girls' College**

Principal Sign



Principal,
Duliajan Girls' College
P. O. Duliajan

02.07.2018 to 09.07.2018
GRAMME:- Self defence camp




Shubor
Principal
Duliajan Girls' College
P.O. Duliajan

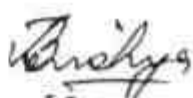
Report on Fifth International Day of Yoga Celebrated on 21.06.2019

International day of Yoga was celebrated on the Friday the 21st of June, 2019 at the Duliajan Girls' College premises.

The programme was inaugurated by the Principal of the college Dr. Lakhimi Phukan with the lighting of the lamp and valuable speech on the important of Yoga.

The programme was conducted by our Yoga Teacher Mr Debajit Hazarika. About 20 faculty members, about 130 students and NSS volunteers are participated in this programme.


Signature of Teacher


Signature of Co-ordinator (IQAC)
Co-Ordinator, IQAC
Duliajan Girls' College


Principal Signature
Principal IQC
Duliajan Girls' College
D. Q. Duliajan

date - 21.06.2019 June
programme - 5th International yoga day



Event:- Utkarsha Yoga and Medha Yoga Level 1

Objective:- We tried to improve their communication skills, positive attitude, creative thinking, stress management, teamwork, time management, develop peaceful and calm mind, confidence among the participants through the programme.

Date:- 01.07.2019 to 05.07.2019

Time:- Utkarsha Yoga 7.30 am to 10 am and Medha Yoga 10.30 am to 1.30 pm

Place:- Duliyan girls' College

Department:- Yoga

Teacher involved:- Conducted by Mr. Debajit Hazarika, Mr. Robin Boruah (The Art of Living teacher).

Participant:- Utkarsha Yoga participant 18 and Medha Yoga participant 12.

Brief Description/Summary of Events:- A Utkarsha Yoga and Medha Yoga camp was organized by Duliyan Girls' College Yoga Unit under the leadership of Mr. Debajit Hazarika. The participants were included in two groups.

The Utkarsha Yoga and Medha Yoga camp has a unique syllabus for the development of students. In this camp has been conducting various asanas, pranayamas, meditation surya namaskar, sudarshan kriya, spiritual knowledge, drama, game, dance, satsang (bhajan) etc among participants. The Sudarshan Kriya is a breathing technique which eliminates mental stress and a person were gains inner peace.

On the closing ceremony a utkarsha yoga and medha yoga camp took place in the college auditorium consisting of the principal Duliyan Girls' College Dr. Lakhimi Phukan. In this meeting other members present were vice-principal of Duliyan Girls' College Mrs. Sujata Borkotoky, IQAC co-ordinator, Mrs Jayashree Baishya and members of the Duliyan Girls' College and participant guardian also were present.

Conclusion/Outcome:- Participants were become happy mind. We saw them that their negative emotions, fear, anger, anxiety can deal to attend the programme. Participants were more enthusiastic and developed positive mind.

Signature of Teacher:- Debajit Hazarika

Remark of Co-ordinator (IQAC):- Excellent awareness camp

Co-ordinator's Signature:-
Co-Ordinator, IQAC
Duliyan Girls' College

Principal Sign



Duliyan Girls' College
P. O. Duliyan

DATE:- 01.07.2019

PROGRAMME:- UTKARSHA YOGA AND MEDHA YOGA



Report on Yoga Show in Teachers Day

Teachers day was celebrated in the Duliajan Girls' College on 5th September, 2019 with much enthusiasm by the teachers, students and staff of the college

The programme was inaugurated by the Principal of the college Dr. Lakhimi Phukan with the lighting of the lamp and valuable speech on Teacher's Day

A Yoga show was also organized by the Students. 10 students participated in the show.

Debasish Hazarika
Signature of Teacher

Dr. Lakhimi Phukan
Signature of Co-ordinator
(IQAAC)
Co-Ordinator, IQAAC
Duliajan Girls' College

Dr. Lakhimi Phukan

Principal Signature
Principal IQC
Duliajan Girls' Coll
P.O. Duliajan



DATE: - 05.09.2019
PROGRAMME: - YOGA SHOW IN
TEACHERS DAY



Event :- Self-Defence Camp

Objective:- To improve the self confidence, self protect to himself and fearless mind among the students through the programme.

Date :-02/01/2020 to 02/02/2020

Time :-7.00 am to 8.30 am

Place :-Duliajan Girls' College

Conducted by :- Pabitra Murah and Debajit Hazarika

Participant: - 24

Brief description/summary of event :-A self defence camp was organised by Duliajan Girls' College under the leadership of Mr. Debajit Hazarika and the karate trainer Mr. Pabitra Murah in collaboration with IWC. The training took place during the semester break of the college which took place from 02/01/2020 to 05/02/2020. Within a month, a self defence training was given to a number of 24 students where the award ceremony (certificate distribution) took place on 05.02.20.

Last day certificate distribution ceremony of karate took place in the college auditorium consisting of the president of Inner wheel club Mrs M Gohain , Secretary of IWC Mrs Bulbul Adhyapak , District of V C Mrs Rina H. Mazumder ,trainer of the self defence of karate Mr. Pabitra Murah . The organiser Mr. D. Hazarika Vice Principal. Mrs .S Borkotoky was also present .IQAC Co-ordinator Mrs. J Baishya along with other teachers and members of IWC was also present.

Conclusion :-Participants become braver they were also very happy and enjoyed to join the camp.

Signature of Teacher :- *Debajit Hazarika*

Remark of Co-ordinator (IQAC):- *A very successful self defence training ca*

Baishya
Co-ordinators signature
Co-Ordinator, IQAC
Duliajan Girls' College



Sharma
Principal sign :-
Principal, IQAC
Duliajan Girls' College
P. O. Duliajan

Event : Self Defence Camp
Date:- 02/01/2020 to 02/02/2020
Place:- Duliajan Girl's College



Event: National Webinar

Objective:- To improve the positive attitude , creative ,thinking ,stress free mind , time management , peaceful and calm mind ,confidence among the participant through the programme .

Date :- 09/09/2020

Time:- 11.30 to 1.00 P M

Place : Own Home

Department:- Yoga

Teacher involved :-Conducted by Mr .Debajit Hazarika and International Yoga Art of Living Teacher Mr. Laishram Dixon.

Participant:-115

Brief description /Summary of Event :-A National Webinar on Yoga was held on 9/9/2020 from 11.30 am to 1 pm by the department of Yoga and IQAC, Duliajan Girls' College during the Covid -19 Pandemic period.

The programme was inaugurated by the Principal Dr. Mrs Lakhimi Phukon Madam who stressed on the benefit of Yoga during the Pandemic times .The programme was done on the ZOOM platform .The programme was organised and conducted by the Yoga instructor Mr. Debajit Hazarika .International yoga Art of Living Teacher Mr. Laishram Dixon gave a lecture on the Youth & their contribution to the society. He showed a short documentary on how he motivated the outfits in Manipur & streamlined them to become good human beings. He even made everyone do some yoga & meditation in the programme .He gave yoga tips on a healthy life for student.

There was question and answer session in the programme .The Art of Living State Council Member Mr.Subhakaran Kohain took up the question and answer session .

Conclusion/outcome :- Mrs. Jayashree Baishya IQAC Co - ordinator gave the vote - of - thanks and the programme came to an end .There were about 115 participants in the programme and everyone was benefitted by the webinar.

Signature of teacher :-

Debajit Hazarika

Remark of co-ordinator (IQAC):-

An excellent webinar where demonstration also took place

Baishya
Co-ordinators signature

**Co-Ordinator, IQAC
Duliajan Girls' College**



Shubhoi
Principal sign:-

Principal
Duliajan Girls' College
P. O. Duliajan

তাৰিখ:

৯/৯/২০২০

বিষয়: - "সাম্প্ৰতিক কালত সমাজৰ
প্ৰতি যুৱক-যুৱতীৰ ভূমিকা"

Organizar: Department of Yoga,
Duliajan Girls' College @ IQAC



উদ্বোধক: ডঃ লখিমী ফুকন,
অধ্যাপিকা, দুলাইয়াজান
ছোৱালী মহাবিদ্যালয়



Name: Laishram Dixon
International Teacher AOL



Date:- 9/9/2020

Time:- 11:30 AM-1:00 PM

বেবিনাৰখন তলত দিয়া
এপছৰ যোগেদি অনুষ্ঠিত
হ'ব-



ZOOM



দেৱজিত হাজৰীকা
Coordinator of webinar
Yoga Teacher DGC



জয়ন্তী বৈশ্য
Coordinator, IQAC



শুভাকৰণ কোহাঞি

AOL State Council Member

যোগাযোগ:

8638308071,
9435873061

গ্ৰুপত জইন হ'বৰ বাবে তলৰ
লিংকত ক্লিক কৰক-

<https://chat.whatsapp.com/...>

Report on 8th International Day of Yoga Celebrated 21.06.2022

The 8th "International Day of Yoga " was celebrated in Duliajan Girls' College on 21st June, 2022 with much enthusiasm by the teachers, students and staff of the college.

The programme started with the lighting of the lamp by the Principal of the College Dr. Lakhimi Phukan followed by a talk on **International Day of Yoga**.

The programme was conducted by our yoga teacher Mr. Debajit Hazarika and delivered a valuable speech on importance of yoga in our daily life. A Prayer took place after the talk. About 20 faculty members, 80 member of students and NSS volunteers were participated in this programme.



Signature of Teacher

Signature of Co-ordinator (IQAC)



Principal Signature

Principal IQAC
Duliajan Girls' College
P. O. Duliajan





দুলীয়াজান ছোবালী মহাবিদ্যালয় DULAIAN GIRLS' COLLEGE

গঠিতঃ ১৯৯২ খ্রিঃ : ১৯৭২

Regd Under Societies Act No. ১৯৬৫২৯৬৪ of ১৯৬৪ for
Permanent Affiliated to B. U. Ho. DULAIAN COLLEGE, AFZARIE ১৯৭১
Inclued under Sec 2 (F) 12 B of the UGC Act, ১৯৫৪. No. ৪ ১৯৬৫১৬ (CSP) Act
P. O. DULAIAN - 7৪৬ ৫০২, DIST. DIBRUGARH (ASSAM)

Ref:

DATE:

Department of Yoga

৪th International Yoga Day Celebration
21.06.2022

Venue: New Building



Dulaian, Assam, India
৯৫৪৬-৬০৭, Dulaian, Assam 7৪৬৫০২, India
Lat: 22.5৫৫৯২7°
Long: 9৫.৯৫১৯৩৮°
21/06/22 10:2৫ AM



Dulaian, Assam, India
৯৫৪৬-৬০৭, Dulaian, Assam 7৪৬৫০২, India
Lat: 22.5৫৫৯২7°
Long: 9৫.৯৫১৯৩৮°
21/06/22 10:২৫ AM



Dulaian, Assam, India
৯৫৪৬-৬০৭, Dulaian, Assam 7৪৬৫০২, India
Lat: 22.5৫৫৯২7°
Long: 9৫.৯৫১৯৩৮°
21/06/22 10:৩৫ AM



Dulaian, Assam, India
৯৫৪৬-৬০৭, Dulaian, Assam 7৪৬৫০২, India
Lat: 22.5৫৫৯২7°
Long: 9৫.৯৫১৯৩৮°
21/06/22 ১০:৩৫ AM

Total no of Participants: ৪১ (Teaching, Non-teaching & Students)





দুলীয়াজান ছোৱালী মহাবিদ্যালয় DULIAJAN GIRLS' COLLEGE

স্থাপিত : ১৯৯২ Estd. : 1992

Regd. Under Societies Act No. RS/DIB/255/40 of 1998-99
Permanent Affiliated to D. U. No. DU/RG/DCDC/DGC/Perm.AFF/2010-2011
Included under Sec 2 (F) 12 B of the UGC Act, 1956, No. 8-394/2010 (CPP-1/C)
P. O. DULIAJAN - 786 602, DIST. DIBRUGARH (ASSAM)

Ph. : (0374) 2801459 (O)
9954295461 (M)

Email ID: dulajangirlscollege@yahoo.com
Website: <https://dulajangirlscollege.org>

IQAC Email ID:
ic@dulajangirlscollege92@gmail.com

Ref:

DATE:





দুলীয়াজান ছোৱালী মহাবিদ্যালয়
DULIAJAN GIRLS' COLLEGE

স্থাপিত ১৯৯২ | Estd. 1992

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Permanent Affiliated to D. U. No. DU/REG/DC/UGC/Perm Aff/2010-2011
Included under Sec 2 (F) 12 B of the UGC Act, 1956, No. B-394/2010 (CPP/JC)
P. O. DULIAJAN - 786 602, DIST. DIBRUGARH (ASSAM)

Ph.: (0374) 2801459 (D)

9954295481 (M)

Email: du@duliajan.org
Website: <http://duliajan.org>

UAC: duliajan.org
UAC: duliajan.org

Ref: _____

DATE: _____

Department of Computer Science

Mr. Manoj Kumar Deka

Venue: Computer Lab



[Signature]
Principal /C
Duliajan Girls' College
P. O. Duliajan